# Online Safety
## Actions

**unicef** | for every child

## Things you can do right away!

**It starts with you!** Don't spread rumours or share hurtful or embarrassing stories or photos. What may seem like a harmless joke to one person can be deeply hurtful to others.

**Share these videos** to spread the word about online safety and get your friends talking.

**Share your tips** for staying safe online with us, and we'll share the best ones with the world.

**Knowledge is power** Read our tips and ensure that you know how to stay safe online.

**Check your settings and your passwords** Is your password 12345? Have you shared it with a friend? Who can see what you post online? When's the last time you reviewed your privacy settings?

## If you're really passionate about online safety!

**Join Voices of Youth** and tell the world what needs to be done to make the internet better for children.

**Talk to your school counsellor** or a teacher responsible for computer or technology studies about organizing a class or discussion about online safety, or inviting an on-line safety specialist to talk to your class/school.

**Speak with your principal or teacher about organizing a debate** on one of these topics:
- Should mobile phones be allowed in schools to help with learning and teaching?
- Should parents and caregivers be allowed to monitor their children's use of the Internet to protect them?
- What's the best way for children and youth to learn about digital safety?

**Be a drama queen!** You can use the power of drama to raise awareness about issues like online safety or bullying. You could write and act out plays or short skits in drama class or even during a school assembly.

**Hold a competition at your school** to design a poster about safe and responsible use of social media and digital tools, using the slogan "When you post online, you post to the world." Consider including the numbers of helplines or organizations that children can call if they are in trouble.

**Pledge to become digital citizens** Talk to your principal or teacher about developing a school pledge for responsible use of the Internet, mobile phones and social media. You should interview your schoolmates (boys and girls) of different ages, as well as teachers and parents, to find out what they think. After that, you can draw up the pledge, get people's feedback - and ultimately get people to sign it.

## Worried about something online?

If you are worried about your safety, or something that has happened to you online, urgently speak to someone you trust, or reach out for professional help from a school counsellor or social worker. Visit **Child Helpline International** to find help in your country. Many countries have a special helpline you can call for free and talk to someone anonymously.